

Tuany ë COVID-19 ku jol ya tɔŋ baai

Family and domestic violence awareness

Tɔŋ baai ee rɔt looi tē cennē yīn luōi kētuc ye yīn riōōk piōu, wennē yee yīn cɔk riōōc arēēt nē piīrduic. Ee rɔt looi ēyadēŋ tē yennē raan yīn jōōny ba kakuōōn nhiaar keek arēēt nē yīpiōu ciē ye bēer looi.

Monydu, raanduōōn cī yīn thiaak, wennē raan paanduōōn alē bī:



- ❖ Yīn ya kεεc piōu ago piōu ya riāāk arēetic, wennē bī yīn ya lēk kē bī yīn ya kεεc piōu.
- ❖ Yīn ya nyōŋ nē wēu
- ❖ Yīn ciē ye cɔk tiŋ mǎthku, wennē kɔc ke paanduōōn.
- ❖ Yīn ciē ye cɔk jam wennē mǎthku ka kɔc ke paanduōōn nē telepunic wennē intarnetic.
- ❖ Yīn ciē ye cɔk loi kākūōōn kɔɔr ba keek ya looi.
- ❖ Yīn ciē ye cɔk cienj alēthkuōōn kɔɔr ba keek ya cienj.
- ❖ Yīn ya cɔɔl nē rin cīi yīn ye miēt piōu wennē bī kārac ya lēk yīn.
- ❖ Yīn ya cɔk loi kā cīi keek kɔɔr nē yīpiōu ba keek looi.
- ❖ Yīn ya cɔk yōk rɔt ke yī ye tiŋ rac apɛi paandu.
- ❖ Ye lēk yīn wu bī bītha du (Visa du) teem kōu.
- ❖ Yīn ya riāācic nē jōn ben mīthku ya nyaai ēnɔŋ yīn.
- ❖ Yīn ya pēen ago ciē ye lōōm nē wal ke panakīm wennē ba akīm ciē ye tiŋ.



Acīi pieth bī raan yīn ya luōi ēkā cīt yekākē.

Aye akuma lueel wu yīn bī ya dɔc jāl baai paanduōōn tē ye yīn rɔt yōk ke yī cīi guōp piol baai paanduōōn.

Na jam boliith kennē yīn, ke lēkē keek wu yīn cīi guōp piol baai paanduōōn ku kaa bī yīn ya kony.

Continued next page >>>>

Anoŋ kuɛɛr juɛc kɔk ɛyadɛŋ lɛu bennɛ kɔc kɔk kuɔɔny ya gam.

Yin lɛu ba ya cɔɔt:

Ɛnoŋ Centre for Non-Violence nɛ 1800 884 292 wennɛ www.cnv.org.au/we-are-here-to-help

Luɔɔi de Safe Steps mɛn ye luui nɛ thɛɛ kee 24 yiic nɛ bɛi yic kedhie nɛ kɛ de bɛɛr ɛ tɔŋ baai nɛ telepuunic nɛ 1800 015 188.

Yuɔpɛ Touch Multicultural Centre jɛi tɔŋ baai nɛ 1800 755 988

In Touch ee akut ye luui nɛ baai yic ɛbɛn nɛ luɔɔi de bɛɛr de tɔŋ baai ku ye luui arɛɛt tɛnnɛ diɛɛr ci kɛny baai ɛtɛnnɛ wennɛ abakɔɔk ɛke bɔ nɛ bɛikɔk yiic. Ku ka bi ŋoot ke ye keek kony agut ci bɛiken ku wuɔt ɛke bi keek thɛn www.intouch.org.au

Na tɔ tɛnoŋ kɛ kɔɔr bi yin nyaai wɛi, ke yi yuɔp 000 nɛ yee thaŋ thiin ba dɔc ya lɛu nɛ yɔk kɛnnɛ.

Acin kɛ lɛu ba ya lueel ke yennɛkɛ bin yaaŋ ya luɔi kɔc.

Family and domestic violence awareness

Family or domestic violence is when someone hurts you, or makes you feel scared. It's when someone stops you doing the things you want or need to do.

Your husband, wife, partner or family member might do one of these things to you:

- Hurt you, or tell you they will hurt you.
- Not let you have any money.
- Not let you have friends, or see your family.
- Not let you talk to friends or family on the phone or internet.
- Not let you do the things you want to do.
- Not let you wear the clothes you want to wear.
- Call you names or say bad things to you.
- Make you do things you don't want to do.
- Make you feel like you're a bad parents.
- Tell you they will cancel your visa.
- Threaten to take your children away.
- Not let you have medicine or see a doctor.

It's not okay if someone is doing any of this to you. The government says you can leave your house if you are not safe at home.

If the police speak to you, tell them you are unsafe and they will help.

There are also other people who can help.

You can call:

Centre for Non-Violence: 1800 884 292 or visit www.cnv.org.au/we-are-here-to-help

Safe Steps 24-hour family violence response centre crisis response line: 1800 015 188

In Touch Multicultural Centre Against Family Violence: 1800 755 988. In Touch is a specialist family violence response service that works with women from migrant and refugee backgrounds and their families and communities: www.intouch.org.au

If you are in danger, **call 000 straight away!**

Remember - there is never an excuse for abuse.