

Family Violence is about power and control and includes a pattern of behaviours or 'tactics' that create fear. Tactics and behaviours are used to hurt, punish or control partners, ex-partners or family members. Family violence is a prevalent issue that affects the whole community, with women as predominant victims of family violence and men as the main offenders. Women and children have the right to live their lives freely and safely.

CNV provides programs for men using violence towards family members who would like to change their behaviour including; Enhanced Intake, Men's Behaviour Change and Case Management (Transitional Housing Support for men excluded from their homes).

## If you want to change your behaviour contact the Men's Program

### Contact:

Loddon Campaspe Men's  
Behaviour Change Program

PO Box 958, Bendigo, 3552

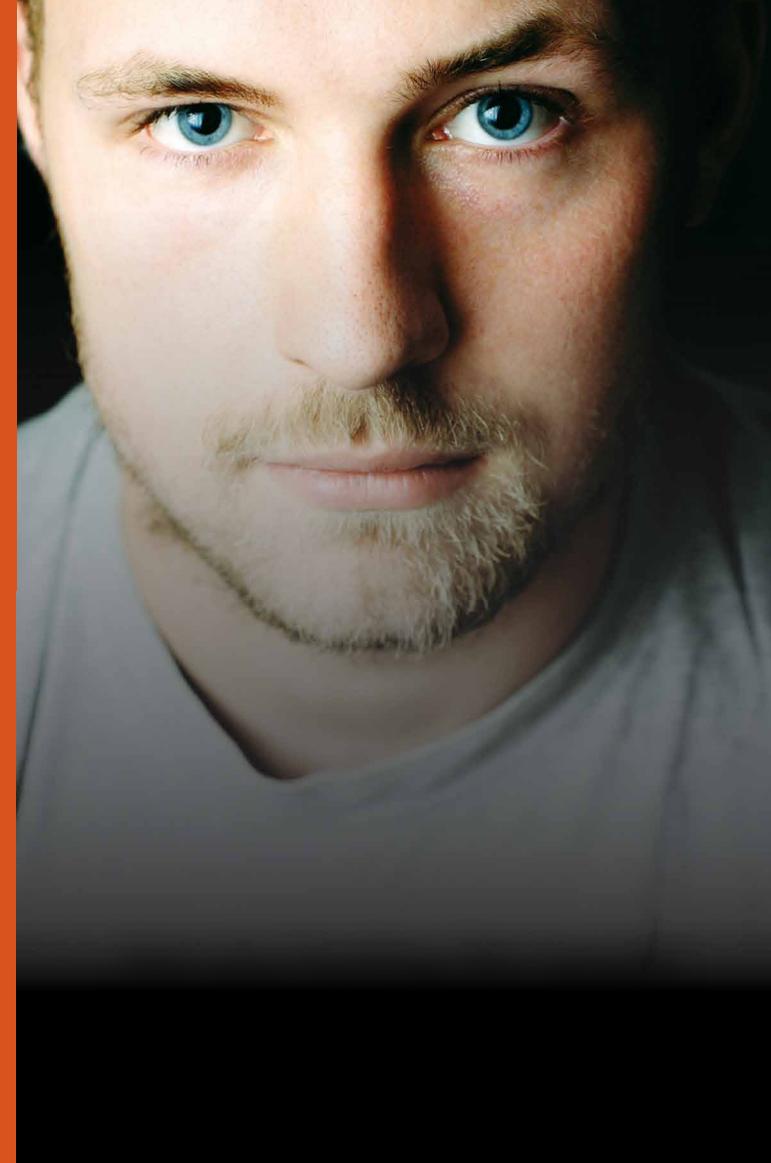
Phone 1800 884 292

Men's Referral Service 1300 766 491

Fax (03) 5430 3050



We would like to acknowledge the  
traditional custodians of the land upon  
which we live, work and learn.



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Loddon Campaspe  
Men's Behaviour Change Program

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## In your relationships with your partner, ex-partner or your children...

- Are your family members, partner or children scared of you?
- Are your relationships being affected by your behaviour?
- Do your children hear or see your use of violence?
- Do you try and stop your partner from spending time with friends and family?
- Have you ever threatened to hit or thrown things at your partner?
- Has your partner ever left you or threatened to leave because of your behaviour?
- Has your partner or anyone else called the police because of your behaviour?
- Have you been issued with a court order?

## When you contact us:

- You will speak with a Men's worker so you can talk to us about your situation and behaviour and what you want to change
- You will be offered an assessment over two sessions
- We will contact any adult family member, partner or ex-partners who have been impacted by your behaviour, to assess their safety and risk and offer support as part of our integrated program
- We will give you information about our programs and your eligibility for Men's Behaviour Change and Case Management

*'I have opportunities to notice the impact of my behaviour on my family from what I learned in group and can choose to be non-violent.'* - Terry (MBC group participant)

*'My violent behaviour created a loss of trust in my relationship and with my children and I want to change that.'*  
- Paul (MBC group participant)

*'I thought I was out of control, but now I recognise my behaviour and responses are my choice.'* - Theo (MBC group participant)

*'I feel more aware how my past behaviour hurt my children and I'm working hard on my relationships with them and they like to spend time with me NOW.'* - Jason (MBC group participant)

*'I was scared when my dad yelled at my mum and I didn't like it.'*  
- Michaela (aged 7 years)

*'I can bring my friends home from school now and mum is happier.'* - Sam (aged 12 years)

*'I wanted him to go to the program and he was apprehensive at first, but now am able to talk about how I feel and he listens.'* - Sally (partner)

