



Safe, thriving
& connected

Safe, Thriving & Connected - Information for Referring Agencies

Overview:

Safe, Thriving and Connected (STC) is a therapeutic family violence recovery program for victim/survivors of family violence in the Loddon Campaspe area. STC is delivered by the Loddon Gender Equality and Violence Prevention Consortium, which is made up of the Centre for Non-Violence, Annie North Women's Refuge, Cobaw Community Health Centre, Centre Against Sexual Assault Central Victoria, and Women's Health Loddon Mallee.

Eligibility/Referral Guidelines:

- Adults, children, and young people who are currently experiencing, or have previously experienced family violence
- Safe from serious and imminent risk of family violence
- Have stable living conditions and can commit to regular therapeutic sessions.
- STC does not provide case management and will not accept referrals for clients with unmet risk management, housing, drug and alcohol or other case management needs. Where possible, please provide a completed MARAM risk assessment with consent from clients

Therapeutic Services:

STC provides a range of trauma-informed and evidenced based therapeutic services to support recovery from family violence. This includes individual counselling, dyad (parent/child) counselling and therapeutic groupwork.

Service Locations:

- STC clinicians are based at the Centre for Non-Violence, Annie North Women's Refuge, Cobaw Community Health Centre, and Centre Against Sexual Assault Central Victoria.
- Appointments are offered in Bendigo, Echuca, Castlemaine, Macedon Ranges, Maryborough and Kyabram.
- For any clients who face obstacles in attending face-to-face appointments, we can arrange remote therapeutic sessions including via phone and video.

Referral Pathways:

STC has an online referral system. All referrals forms are located at: <https://www.cnv.org.au/safe-thriving-connected-therapeutic-program>

- Agency referrals are accepted from community sector agencies, Aboriginal Community Controlled Organisations, Orange Door, schools and tertiary institutions, hospitals, and community health services.
- Referrals from statutory services including Child Protection practitioners: STC will provide brief 3-session therapeutic psychoeducation intervention for eligible mandated referrals
- Self-referral: if your client is not able to access the online system, they can call CNV to complete a phone referral, on (03) 5430 3000

Guiding Principles:

- Safety is at the core of our work, with therapeutic supports integrated within specialist family violence risk assessment and safety responses.
- We ensure perpetrators are in view and accountable, utilising Safe and Together and MARAM frameworks
- We are committed to providing a safe, respectful, and inclusive service to all victim/survivors of family violence. STC welcomes people from all communities, including those who identify as LGBTIQ+. Interpreters are available for culturally and linguistically diverse community members.
- We support victim/survivors to reclaim their sense of self, tell their story in strengthening ways, repair parent/child relationships ruptured by family violence, and increase feelings of solidarity and connection with others.

More Information:

Web: <https://www.cnv.org.au/safe-thriving-connected-therapeutic-program>
Phone: (03) 5430 3000
Email: stc@cnv.org.au

Acknowledgements:

We respectfully acknowledge the Traditional Custodians of the land and waters where we work. We pay our respects to Elders and community members past and present.



The Safe Thriving and Connected program is supported by the Victorian Government.



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